



29TH SUNDAY IN ORDINARY TIME
16TH & 17TH OCTOBER 2021, YEAR B

We acknowledge the traditional owners and custodians of the land on which we stand. We walk on a land once occupied by the Gadigal People of the Eora Nation, who lived in this area for over 30,000 years. May we continue to love and respect the land as they have.



ST COLUMBA'S
 CATHOLIC CHURCH • LEICHHARDT NORTH

Parish Details:

📍 213 Elswick St, North Leichhardt 2040

☎ (02) 9569 2267

📠 (02) 9569 5381

✉ admin@stcolumba.org.au

🌐 www.stcolumba.org.au

FOLLOW US ON facebook www.facebook.com/stcolumbasleichhardt/

Office Hours:

9:00am-3:30pm Tuesday and Friday

All bulletin notices to be in by 12pm Thursday

(Please email or leave under office door and write your message clearly).

Parish Priest:

Fr Peter Smith..... ✉ pp@stcolumba.org.au

Parish Office Administrator

Marcia Droguett..... ✉ admin@stcolumba.org.au

Pastoral Associate

Nicola Connors..... ✉ pa@stcolumba.org.au

Pastoral Council

Secretary..... ✉ secretary@stcolumba.org.au

St Columba's School

Principal: **Bernard Ryan.....** ☎ 9569 1270

Weekend Mass Times:

No Masses until further notice

Weekday Services:

No Masses until further notice

Reconciliation:

By appointment

Marriages:

By Appointment, please email Marcia, admin@stcolumba.org.au to arrange.

If you would like to contribute to the Parish Planned Giving please speak to Fr Peter, Or a form can be emailed to you. If you would like to arrange a one off direct deposit donation, please contact the office for banking details.



Fr Peter's weekly Podcasts of the Gospel are uploaded weekly onto our website and Face Book page.

<https://scln1.podbean.com/>



From Fr Peter's Desk....

James and John were two opportunists. Their one aim was to rise in the ranks. To achieve their end they did not hesitate to beg. They did not mind how much envy and resentment they aroused in their companions. Their aim was to scramble up the career ladder. But at what price to themselves? If in the course of their rise to the top, people lose themselves, their own souls, what ever they do or achieve will be worthless. Power hardens the human heart. A hard-hearted person is incapable of love. It is by giving that we receive, and it is by serving that we grow in love.



PLEASE JOIN US FOR A PARISH ZOOM EVERY SATURDAY @ 5pm more details in the bulletin

Live Masses can be found on www.sydneycatholic.org/live-masses/

Today's Liturgy

Entrance Antiphon: Cf. Psalm 16:6,8
To you I call; for you will surely
heed me, O God; turn your ear
to me; hear my words.
Guard me as the apple of your eye;
in the shadow of your wings protect me.

1st Reading: Isaiah 53:10-11
If he offers his life in atonement,
he shall see his heirs and have long life.

Responsorial Psalm: Psalm 32:4-5, 18-20, 22
Lord, let your mercy be on us,
as we place our trust in you.

2nd Reading: Hebrews 4:14-16
Let us be confident in
approaching the throne of grace.

Gospel Acclamation Mark 10:45
Alleluia, alleluia
The Son of Man came to serve and to
give his life as a ransom for all.
Alleluia!

Gospel Mark 10:35-45
The Son of Man came to give
his life as a ransom for all.

Communion Antiphon: Cf. Psalm 32:18-19
Behold, the eyes of the Lord are
on those who fear him, who hope
in his merciful love, to rescue their
souls from death, to keep them alive in famine.

With the recent changes announced by the Premier in relation to the easing of Covid restrictions. Firstly, along with other Faith Groups, we are very grateful that, in the Covid Roadmap announcement, the Premier recognised that for people of faith worship is more like an essential service than a recreation.

We now eagerly look forward to the opportunity to gather once more to celebrate our faith and give thanks to God.

The re-opening of places of worship will be staged in line with the NSW Government Roadmap.

Further updates will be communicated in the coming weeks.

Not everything is clear as yet!

We look forward to seeing you soon at St Columba's following strict Covid Safe guidelines.

We pray for all those who are sick, including:

Leane Garner, Emma Vassallo, Lois Cassidy, Kim Rowles, Marica Popovic, Elizabeth Sedgwick, Silvana Cocilova, Bill Leis, Mabel Winter, Sylvia Gallagher, Dorothy New and Patricia O'Toole, Roisin Smith and Family, Suzanne Campbell, Dan O'Brien, Sharon Weetman, and all those at The Marion Aged Care and Lewisham Nursing Home



We remember and pray for all our deceased Relatives and Friends.....

*Recently Deceased: Valentina Gioia
Anniversary: Patrick Gerardis, Matthew McLaughlin,
Ludmila Zurkova, Sr Bernadette Ferris*

Charitable Works Fund Parish Appeal 2021
Dear Fellow Parishioner,
History repeats itself.
Again we continue to find ourselves in lockdown.
Parishes are closed. Access to the sacraments limited. In addition, many continue to suffer from COVID, whether it be loss of life, or loss of livelihood. These are unfortunate times.
However, the Church also has an opportunity to repeat history and shine in midst of crisis.
During the Spanish Flu pandemic, Catholics were at the forefront in supporting the sick and providing resources to those in need.
Today, we have an opportunity to do the same by supporting the parish Charitable Works Fund appeal.
A special message from Archbishop Anthony Fisher OP (below) emphasises the importance of this appeal, and invites you to support our "Gospel message of love, and its fruits in ministries of mercy".



Please consider making a tax-deductible donation of \$50 to support our ministries. Your donation will assist those suffering with mental illness, mothers facing homelessness and members of our deaf and disabled community.

DONATE TO CWF TODAY

To donate, please click the donate button select the donation amount and enter your parish

On behalf of our ministries, thank you for your generous support. Together, let us repeat history, and continue the good works of mercy started in the Gospel.

God bless and stay safe,

Michael Mendieta

Director, Development and Fundraising Office, Catholic Archdiocese of Sydney www.ourfaithourworks.org



Social Justice - St Columba's

The next Social Justice Group meeting will be on Wednesday 3 November. (Via Zoom, or face to face if permitted). Please contact Fay Hair (fayhair11@gmail.com) if you would like to come. All welcome!

Supporting the Jesuit Refugee Service (JRS)
JRS is now providing financial support to hundreds of families to help with paying for rent, utilities, medications, and food. Specialist case workers are also responding to mental and physical health emergencies, and domestic and family violence situations. **If you're in a position to donate money to JRS, go to the JRS website (aus.jrs.net), hit the Donate button.**

DONATE

Support the Climate Change Bill

A recent request from the Justice and Peace Office:

Help Australia take a Climate Change Plan to COP 26 by writing to our Federal MPs and asking them to **support Zali Steggall's Climate Change Bill.**

- Ms Steggall will reintroduce her Climate Change Bill to the Federal Parliament on October 18th. The objects and guiding principles of the Bill now include a target of 60% emissions reduction on 2005 levels by 2030. Her media release about the Bill is available [here](#). You can watch her interview with the ABC [here](#).
- If, this legislation is passed - it would ensure that Australia turns up to COP26 with a plan.
- In addition, you can also sign the Climate Act Now petition <https://join.climateactnow.com.au/> - click on your state, then click on your electorate then sign up.



SIGN UP
to add your name to the thousands demanding action on climate change.

OR [click here](#)

If you've already signed and just want to:

EMAIL YOUR MP

Select your location

NSW VIC QLD WA SA
TAS ACT NT International

Select your electorate

Not sure which electorate you're in? Find out here

Virtual Chat

Hi everyone, You are invited to join St Columba's Virtual Catch Up every Saturday at 5 pm via Zoom.



The weekly gathering includes Fr Peter proclaiming the Gospel and delivering the homily. Then, we pray and have a social catch up.

The link to the weekly Zoom is <https://sydneycatholic.zoom.us/j/64290337987?pwd=NVG0VUIlQ3pYU2dZOW4rekFYbGtBOT09>

PHONE: (02) 8015 2088 - if no internet
Meeting ID : 64290337987 Password : 552846

I ask you to ensure that
humanity is served
by wealth and not
ruled by it.

Pope Francis
Message to the World
Economic Forum
Annual Meeting 2014

WORLD
ECONOMIC
FORUM



Catholic Mission is seeking applications for a *Donor Relations Officer* role. Full-time or Part-Time, the role is based in North Sydney in NSW and incorporates supporting Catholic Dioceses in NSW & ACT. This is an exceptional opportunity to join the international mission agency of the Catholic Church in Australia, which supports children, communities and church leaders both in Australia and overseas.

For more information, please visit [catholic Mission](http://catholicmission.org.au)



Engage in your wellbeing strategies during lockdown. During lockdown, prioritising your wellbeing will ensure that you are in the best position to ride-out the uncertainty and come out with your mental health

intact. This is often the time that we often let our wellbeing fall to the wayside, so here are some recommendations for how to maintain your wellbeing throughout this changing world:

1. Maintain a good sleep routine. Your brain needs to regenerate after periods of stress, and it does this while you sleep! Aim to go to bed at the same time every night and get 7-8 hours of sleep each night. Developing good sleep hygiene will ensure that you get the best quality sleep possible.

2. Remember to breathe. Did you know 70% of cortisol can be removed from our bodies by simple breathing? If you notice your breathing starts to shallow during times of stress, practice a breathing exercise such as Box Breathing, to practice and get into the habit of deep breathing.

3. Take time out to exercise. **Exercise is the body's natural antidepressant!** Find what works for you and keeps you motivated to get active. Start small and work your way up. Hate running? Why not try pilates. Make the most of the sunshine and go for a walk during lunchtime, or before work.

4. Stay connected. While you may not be able to socialise face-to-face right now, stay connected via phone or video-calls. **If you're feeling stressed, talk it out with a friend or colleague.** Debriefing with someone releases the stress hormone oxytocin.

5. Practice gratitude. Reflect on and engage in activities that **give you purpose and meaning.** Enjoy the "small moments" each day. Wellbeing is balanced when the positive to negative emotion ratio is 3:1. Be active to get hits of positive emotion.

6. Plan your weekend. Give yourself something to look forward to, even if it is just a small around the house. Plan a movie night, cook something exotic, finish that DIY home project that fell by the wayside. A fun video chat with family OR friends or even just organise for a family walk if the sun is out!

7. Manage your news feeds. The average smartphone user checks their device 221 times a day 95% of people use their tech in bed. If you are finding yourself becoming anxious every **time your phone "dings", turn off the notifications for news or why not do a social media detox?**

8. Practice creativity and mindfulness. **Mindfulness matters...** whether you try yoga, meditation, colouring-in, creating something, or just reading... **staying present in changing times helps rest and repair.**

9. Speak with an expert. Sometimes getting expert advice is what we need to get through this next period. Ask your GP for a referral to speak with a professional and encourage your family to do so too if needed.

[Lifeline | www.lifeline.org.au](http://www.lifeline.org.au) | 13 11 14

[Kids Helpline | https://www.kidshelpline.com.au](https://www.kidshelpline.com.au) | 1800 55 1800



Parish Pastoral Council

Contact: secretary@stcolumba.org.au

Vision statement

To witness to the Gospel, through the power of the Holy Spirit, to the eternal love of Christ; by building and sustaining an open, welcoming and friendly community in which people grow in their relationships with God, each other and the wider community.

Mission statement

The mission of St Columba's Parish Pastoral Council is to:

- welcome and embrace new parishioners;
- support and direct the work of the Parish Priest, Pastoral Associate, and parish groups;
- support and encourage the people of St Columba's parish;
- provide vision and direction to the people of St Columba's parish;
- collaborate with the parish school;
- give members of our parish community a voice; and
- empower people to lead and make positive contributions to our parish and the wider community.

To achieve this, we:

- see;
- judge;
- act; and
- review.

We, as a group, are fundamentally committed to:

- prayer and reflection;
- our shared Catholic faith;
- bringing Christ's love and grace to Leichhardt and the broader community;
- acting co-operatively as a group based on participation and consensus, not factions or parties; and
- facilitating the spiritual growth of all under the guidance of the Holy Spirit.

Members of the Pastoral Council are:

Fr Peter Smith *Parish Priest*
Bernard Ryan *Principal*
Nicola Connors *Family Ed.*
Renata Popovic-Tomac
Chairperson

Ann Coffey
David Hair
Jennifer Cheal
Therese Pacey
Tino Mian

A message from the Archdiocese of Sydney

Child sexual abuse is a crime. The appropriate people to deal with crimes are the police. If you, or anyone you know, have been abused, please contact the police. Alternatively, you can contact the Safeguarding and Ministerial Integrity Office at (02) 9390 5810 or safeguardingenquiries@sydneycatholic.org. You may also want to speak to your Parish Priest who will be able to provide support and guidance. The Archdiocese has a legal obligation to report crimes to the police.

Sunday 17th October 2021
Twenty-Ninth Sunday in Ordinary Time

Celebrant: Brothers and sisters, today, in every diocese of the Church, there begins a period of preparation for the next Synod of Bishops in 2023, with the invitation for the whole Church to “encounter, listen and discern.”

We pray for Pope Francis who calls the Church into a new experience of Church when we “look others in the eye and listen to what they say”, so that we will “walk on the same road together” with Jesus. **Lord, hear us. Lord, hear our prayer.**

We pray that in the next six months, building upon the First Assembly of the Australia Plenary Council, and entering the spirit of the Synod, we will seek healing from the Church’s failings and sins, and for Catholics alienated by past experiences, a new hope to believe. **Lord, hear us. Lord, hear our prayer.**

We pray that we will learn how to turn away from ambition in the Church, and set our minds on being servants of one another after the example of Jesus. **Lord, hear us. Lord, hear our prayer.**

We pray on this International Day for the Elimination of Poverty that as this condition has increased because of the Covid pandemic, those with more than sufficient will embrace this year’s theme: “*Building Forward Together: Ending Persistent Poverty, Respecting all People and our Planet*” **Lord, hear us. Lord, hear our prayer.**

We pray on this International Pregnancy and Infant Loss Remembrance Day for parents who have lost a child through miscarriage, as still born, or in infancy, that they may know the consoling comfort of God. **Lord, hear us. Lord, hear our prayer.**

We pray for all those who have gone before us: may they rest in peace. We pray also for.. *Valentina Gioia, Patrick Gerardis, Matthew McLaughlin, Ludmila Zurkova, Sr Bernadette Ferris* **Lord, hear us. Lord, hear our prayer.**

Celebrant: Almighty God,
let your mercy be upon us
and our world,
so that your justice and right
becomes our help and shield.
Through Christ our Lord



Sunday 17 October 2021
Mark 10:35-45
29th Sunday in Ordinary Time

IN THE GOSPEL TODAY

My name is _____

Jesus' disciples, James and John, want to be important. Jesus tells them the way to be important is to serve other people. It is not always easy following Jesus, but it will make us truly happy!

SERVE OTHERS!

A slave works for other people. Jesus says we must be like slaves. We must work for other people. We need to think about other people

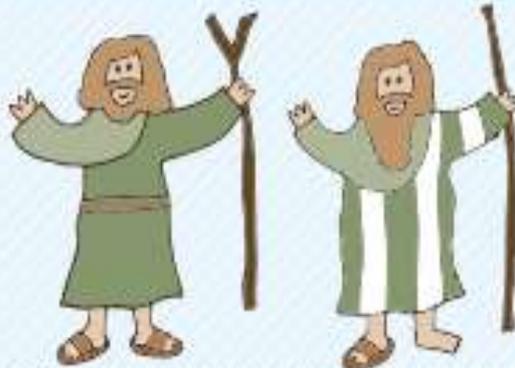
before ourselves. If we do this we will be very important people. Here are some words which describe how we can be important:

SERVE
CARE
SHARE
HELP
SLAVE
LOVE
WORK

S	E	R	V	E
L	H	E	L	P
A	C	A	R	E
V	W	O	R	K
E	L	O	V	E

Spot the difference

James and John were brothers. Can you spot 5 differences between them?



Who is most important?

Here are lots of important people. Match the person with how they help.



A Kriss Kross puzzle

Can you fit these words into the squares?

The first one has been done for you.



Across: CLEANING
WIPE TABLE
Down: COOKING
BEDROOM
HELPFUL
TIDY

A PRAYER TO SAY

Dear Jesus, help me to be really loving like you. Help me to put other people first, even when it's hard. Amen.